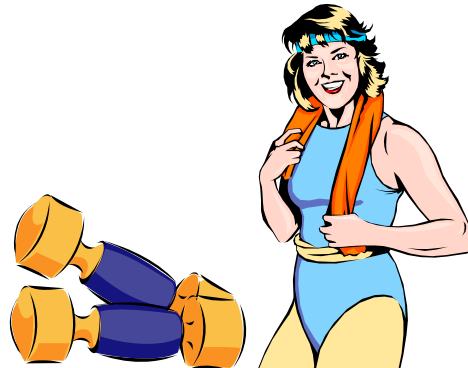


# **Senior Aerobics**

*(for individuals 55 and older)*



**Day:** Thursdays

**Time:** 10:30 AM

**Instructor:** Mary Ann Carroll

**Cost:** \$30 for residents; \$60 for non-residents (register at the Recreation Office Window) 11 Classes per session

## **SCHEDULE**

August 26, 2010

September 2, 2010

September 9, 2010

September 16, 2010

September 23, 2010

September 30, 2010

October 7, 2010

October 14, 2010

October 21, 2010

October 28, 2010

November 4, 2010

**RecTrac # 67911-07**