

Department of Parks and Recreation

Winter 2009-10 Recreation Programs

YOUTH PROGRAMS

Birth certificate for Toddlers Adventures/Play & Learn; current year report card for all other youth programs **must** be sent in with registration!

Toddlers Adventures is a six-session program designed for a parent and child to work together in various activity areas such as: circle time; active play; parachute games; arts & crafts; and social interaction play.

30110-D2 Ages: 12-24 Months
Saturdays 9:10-10AM 1/23 - 2/27
Community Center Fee: \$30

30110-D3 Ages: 25-36 Months
Saturdays 10:10-11AM 1/23 - 2/27
Community Center Fee: \$30

Play & Learn is a child-independent pre-school age program that includes: arts & crafts projects; vocal & rhythm instrument music; story time; and active play.

***Children may enroll in both 4 & 5 year-old classes for a reduced rate of \$40. Children cannot already be in kindergarten.**

30511-P5 Ages: 3 Years
Saturdays 9-10AM 1/23 - 2/27
Community Center Fee: \$30

30511-P6* Music Ages: 4 & 5 Years
Saturdays 10:15-11:15AM 1/23 - 2/27
Community Center Fee: \$22

30511-P7* Crafts Ages: 4 & 5 Years
Saturdays 11:15AM-12:15PM 1/23 - 2/27
Community Center Fee: \$22

Chess - Children will learn how to play the game of chess and develop strategies to become better chess players in this 8-week program. The children will be given the opportunity to participate in local chess competitions. **(No Class on 1/18 and 2/15!)**

43011-01 Beginners Grades: K-6
Mondays 6-7:30PM 1/4 - 3/8
Sampson G. Smith School Fee: \$96

43011-02 Experienced Grades: K-6
Mondays 7:30-9PM 1/4 - 3/8
Sampson G. Smith School Fee: \$96

Hot Shot Basketball Programs - These 8-week programs will concentrate on fundamental skill development through drills and games. **All programs will be held at Franklin Park School.**

31021-H1 Boy's & Girl's Grade: K
Saturdays 8:30-9:15AM 1/23 - 3/13
Franklin Park School Fee: \$40

31021-H2 Boy's & Girl's Grade: K
Saturdays 9:15-10:00AM 1/23 - 3/13
Franklin Park School Fee: \$40

31021-H3 Girl's Grade: 1 & 2
Saturdays 10:00-11:00AM 1/23 - 3/13
Franklin Park School Fee: \$50

31021-H4 Boy's Grade: 1
Saturdays 11:00AM - Noon 1/23 - 3/13
Franklin Park School Fee: \$50

31021-H5 Boy's Grade: 1
Saturdays 12:30 - 1:30PM 1/23-3/13
Franklin Park School Fee: \$50

31021-H6 Boy's Grade: 2
Saturdays 1:30 - 2:45PM 1/23 - 3/13
Franklin Park School Fee: \$52

31021-H7 Boy's Hot Shots Grade: 2
Saturdays 2:45 - 4:00PM 1/23 - 3/13
Franklin Park School Fee: \$52

NBA FIT Leagues - The Franklin Township Recreation Department is a member organization of this network.

***Boy's Jr. League** - This 12-week program will consist of 2 weeks of skill work & team placement; a week of practice; followed by 9 weeks of non-competitive intramural game play. ***Please note that the first 2 weeks of the program (1/9 & 1/16) will be held from 9-11AM.** Following these 2 weeks games/practice will be either: Saturday, 9-10:30AM or 10:30AM-Noon. A schedule will be handed out.

31022-JB Boy's Jr. League Grades: 3 & 4
Saturdays 9AM - Noon 1/9 - 3/27
Franklin Middle School Fee: \$90

#Girl's Jr. League - This 12-week program will consist of 2 weeks of practice; followed by 10 weeks of non-competitive intramural game play. Games/practices will be either: Saturday, 1- 2:30PM or 2:30-4PM. A schedule will be handed out.

31022-GB Girl's Jr. League Grades: 3 & 4
Saturdays 1:00 - 4:00PM 1/9 - 3/27
Sampson G. Smith School Fee: \$90

***Boy's Int. League** - This 12-week program will consist of 2 weeks of skill work & team placement; 1 week of practice; followed by 9 weeks of non-competitive intramural game play. ***Please note that the first 2 weeks of the program (1/9 & 1/16) will be held from 1-3PM.** Following these 2 weeks games/practice will be either: Saturday, 1-2:30PM or 2:30-4PM. A schedule will be handed out.

31022-IB Boy's Int. League Grades: 5 & 6
Saturdays 1-4PM 1/9 - 3/27
Franklin Middle School Fee: \$90

#Girl's Int. League - This 12-week program will consist of 2 weeks of practice; followed by 10 weeks of non-competitive intramural game play. Games/practices will be either: Saturday, 9-10:30AM or 10:30AM - Noon. A schedule will be handed out.

31022-GI Girl's Int. League Grades: 5 & 6
Saturdays 9AM - Noon 1/9 - 3/27
Sampson G. Smith School Fee: \$90

Currently taking registration for these leagues. Not necessary to wait for 12-11-09 mail-in date.

Registrations for these leagues only can be mailed or walked into the Recreation Department at 505 DeMott Lane, Somerset, NJ 08873

TEEN PROGRAMS

Birth certificate for Aerobics; current year report card/student ID for all other Teen Programs **must** be sent in with registrations!

Aerobics - This is a 16-session Multi-Groove Cardio class that includes hi/low impact aerobics with funky music and fun choreography. *Instructed by Robin McCoy.* **(No Class on: 1/18 and 2/15)**

36043-01 Ages: 16 years +
Mon. & Wed. 7:30-8:30PM 1/25 - 3/22
Community Center Fee: \$50

Open Basketball - An 8-week program for teens including pick-up game play in a supervised gym. **(No Program on: 2/12)**

61032-03 Grades: 7 - 12
Fridays 7:00-9:00PM 1/8 - 3/5
Franklin Middle School Fee: \$10

Teen Recreation - Basketball; Volleyball; Arts & Crafts; Game Room; Life Skills; and Special Events. Register the first night you attend.

55532-TR Grades: 7 - 12
Tues.-Thur. 7:00-9:00PM Thru May
Franklin Middle School Fee: FREE

ADULT PROGRAMS

Copy of driver's license (photo for Executive Basketball) **must** accompany all adult registrations!

Aerobics - This is a 16-session Multi-Groove Cardio class that includes hi/low impact aerobics with funky music and fun choreography. *Instructed by Robin McCoy.* **(No Class on: 1/18 and 2/15)**

36043-01 Ages: 16 years +
Mon. & Wed. 7:30-8:30PM 1/25 - 3/22
Community Center Fee: \$50

Executive Basketball - A program of pick-up games for adults 25 years of age and older. Picture ID is required when registering. Membership cards will be distributed at the program. **This program has been running since October....no prorated fees. (No Program on: 12/28; 1/18; 2/15; 3/29; 4/5; 5/31)**

61045-EB Ages: 25 years +
Mondays 7:00-10:00PM Through June 14
Franklin Middle School Fee: \$55

Co-Ed Volleyball - A program of pick-up games for adults 18 years of age and older. 6:30 - 8:30PM is Recreational Play; 8:30-9:30PM is more competitive play. Membership cards will be distributed at the program. **This program has been running since October....no prorated fees. (No Program on: 12/29; 3/30; 4/13 and 5/18)**

66532-VB Ages: 18 years +
Tuesdays 6:30-9:30PM Through May 25
Sampson G. Smith School Fee: \$55

SENIOR CITIZEN PROGRAMS

Please call the Recreation Department at (732) 873-1991 or stop by the Community/Senior Center at 505 DeMott Lane to inquire about registering for any Senior Citizen Program. Some programs have limited enrollments!

Parkside Club Meeting Ages: 55 years +
Mondays 10:00AM Year-Round
Senior Center Fee: Dues

Franklin Twp. Seniors, Inc. Mtg. Ages: 60 years +
Tuesdays 10:00AM Year - Round
Senior Center Fee: Dues

Franklin Park Club Meeting Ages: 55 years +
Wednesdays 12:30PM Year - Round
Senior Center Fee: Dues

Healthy Bones Ages: 60 years +
Mondays 11:45am-1PM Year - Round
Fridays 10 - 11AM Year - Round
Fridays 12 Noon - 1PM Year - Round
Senior Center Fee: Register w/County Office on Aging (908) 704-6343

Sit & Fit Exercise Ages: 60 years +
Mon. & Thur. 10:30AM Year - Round
Senior Center FREE

Sr. Aerobics Ages: 55 years +
Thursdays 10:00-11:00AM Year - Round
Senior Center Fee

Sr. Yoga Ages: 55 years +
Fridays 9:30-10:30AM Year - Round
Senior Center Fee

Tai Chi Ages: 55 years+
Fridays 12 - 1 PM Year - Round
Senior Center Fee

Hi-Steppers Dance Troupe Ages: 55 years +
Mondays & Wednesdays Year - Round
Senior Center FREE

Swingin' Singin' Seniors Ages: 55 years +
Fridays 1:30PM Year - Round
Senior Center FREE

Sr. Quilting Ages: 55 years +
Wednesdays 1:30 - 3:30 PM Fall - Spring
Senior Center Fee

The Community/Senior Center is open Monday-Friday, 8:30AM - 4:30PM for Senior Citizen drop-in activities in the Card/Reading/Computer Room; Billiards Room; and Crafts Room. For Transportation call Somerset County: 1-800-246-0527. A monthly Senior Citizen's Calendar with detailed information about these programs and more is available at the Community/Senior Center. For further information, please contact Shonda Sanchez, Sr. Citizen Coordinator at (732) 873-2500 x 347 or online at www.franklintwpnj.org.

Franklin Recreation Harmony Club

Harmony Club is a program designed by the Franklin Township Recreation Department for residents with special needs. This specially designed program, for ages 6 years and up, holds monthly meetings where participants participate in a variety of adapted leisure and recreational activities.

For more information and to sign up for the mailing list, please contact Sue van Aken, Superintendent of Recreation at (732) 873-1991 or sue.vanaken@twp.franklin.nj.us

This program is partially funded through a grant received from the State of NJ Department of Community Affairs

2009 Disability Advocate Award to Franklin Staff Member

Sue van Aken, Superintendent of Recreation, was recognized by the Somerset County Office for the Disabled with the 2009 Somerset County Disability Advocate Award for the positive impact she has made on the lives of individuals with disabilities. Ms. van Aken coordinates several programs for the disabled, including therapeutic recreation services of the Somerset County Park Commission and Franklin's Adult Therapeutic Recreation, the P.L.A.Y. program for 4 and 5-year olds, and the Harmony Club. She has been with the Township full time since 1984.

Franklin Twp. Member of Somerset Co. Therapeutic Recreation Program

Franklin Township is a member municipality in the Somerset County Park Commission's Therapeutic Recreation Program. This cooperative effort provides year-round recreation programs to children and adults with developmental disabilities. Please call the Somerset County Park Commissions Therapeutic Recreation Department (908) 526-5650 directly to be placed on their mailing list and for further information. You can find out more by visiting their website at: www.somersetcountyparks.org.