






DECEMBER 2019

MON	TUE	WED	THU	FRI
<p>2.</p> <p>9:30 Hi-Steppers Practice (Rm 1) 9:45 AM Yoga Fusion (Rm 2)(\$) 10:50 AM Yoga Fusion (Rm 2)(\$) 10:30 Parkside Senior Club Meeting- Rm 3 10:30 Healthy Bones (Craft Rm) 12 pm Zumba Gold (Rms 1,2)(\$) 12 pm Knitting/Crocheting Club with Pat (Reading Room) 12:45 -2:00 Healthy Bones (Craft Rm.)(Cty. Prog.)(\$) 1:15 Zumba Gold (Rms 1,2)(\$) 1:30 - 2:30 Ladies Billiards Open Play</p>	<p>3.</p> <p style="text-align: center;">Programs & activities cancelled due to restroom renovations</p>	<p>4.</p> <p>12:00 Franklin Park & Franklin Twp. Senior Club Holiday Party at The Imperia. (must purchase a ticket in advance).</p> <p style="text-align: center;">Programs & activities cancelled due to restroom renovations</p>	<p>5.</p> <p style="text-align: center;">Programs & activities cancelled due to restroom renovations</p>	<p>6.</p> <p>9:00 Functional Fitness (Rm 1)(\$) 9:30 Gentle Yoga (Rm 3) (\$) 10:05-11:15 Healthy Bones (Rm 2) (County Program)(\$) 10:30- Tai Chi for Beginners (Rm 1)(\$) 11:00 Chair Yoga (Rm 3) (\$) 11:45 Healthy Bones (Rm2)(County program \$) 12 Noon- Tai Chi Beyond Beginners (Rm 1) (\$)</p>
<p>9.</p> <p>9:30 Hi-Steppers Practice (Rm 1) 9:45 AM Yoga Fusion (Rm 2)(\$) 10:50 AM Yoga Fusion (Rm 2)(\$) 10:30 Parkside Senior Club Meeting- Rm 3 10:30 Healthy Bones (Craft Rm) 12 pm Zumba Gold (Rms 1,2)(\$) 12 pm Knitting/Crocheting Club with Pat (Reading Room) 12:45 -2:00 Healthy Bones (Craft Rm.)(Cty. Prog.)(\$) 1:15 Zumba Gold (Rms 1,2)(\$) 1:30 - 2:30 Ladies Billiards Open Play</p>	<p>10.</p> <p>10:00 Franklin Township Senior Club Meeting 1:30 Line Dancing (Rm 3) 3:00 Healthy Bones (Rm 3)</p>	<p>11.</p> <p>9:30 Hi-Steppers Practice (Rm 1) 12:00 Franklin Park Senior Club Meeting 10:30-12:00 PM- Blood Sugar/Blood Pressure Screenings with St. Peter's University Hospital. No fasting appointment necessary</p>	<p>12.</p> <p>8:30a - 4:00p Open Mahjong (Card/Billiards Rms.) 9:30 Zumba Gold (Rms 1,2)(\$) 10-4:00 Pinochle (Craft Rm) 10:30 Sit & Fit (Rm 3) 10:40 Yoga Fusion (Rm 1,2)(\$) 11:45 LaBlast (Rm 1,2) (\$) 1:00 PM- Healthy Baking for the Holidays presented by Aliz Holzmman, Shop Rite Registered Dietician. (must register in advance)</p>	<p>13.</p> <p>9:00 Functional Fitness (Rms 1)(\$) 9:30 Gentle Yoga (Rm 3) (\$) 10:05-11:15 Healthy Bones (Rm 2) (County Program)(\$) 10:30- Tai Chi for Beginners (Rm 1)(\$) 11:00 Chair Yoga(Rm 3) (\$) 11:45 Healthy Bones (Rm2)(County program \$) 12 Noon- Tai Chi Beyond Beginners (Rm 1) (\$) 11:00 Parkside Senior Club Holiday Party at The Imperia. (must purchase a ticket in advance).</p>
<p>16.</p> <p>9:30 Hi-Steppers Practice (Rm 1) 9:45 AM Yoga Fusion (Rm 2)(\$) 10:50 AM Yoga Fusion (Rm 2)(\$) 10:30 Parkside Senior Club Meeting- Rm 3 10:30 Healthy Bones (Craft Rm) 12 pm Zumba Gold (Rms 1,2)(\$) 12 pm Knitting/Crocheting Club with Pat (Reading Room) 12:45 -2:00 Healthy Bones (Craft Rm.)(Cty. Prog.)(\$) 1:15 Zumba Gold (Rms 1,2)(\$) 1:30 - 2:30 Ladies Billiards Open Play</p>	<p>17.</p> <p>10:00 Franklin Township Senior Club Meeting (Dancers entertain from Somerset Cty. Vocational School) 1:30 Line Dancing (Rm 3) 3:00 Healthy Bones (Rm 3)</p>	<p>18.</p> <p>9:30 Hi-Steppers Practice (Rm 1) 12:00 Franklin Park Senior Club Meeting</p>	<p>19.</p> <p>8:30a - 4:00p Open Mahjong (Card/Billiards Rms.) 9:30 Zumba Gold (Rms 1, 2)(\$) 10-4:00 Pinochle (Craft Rm) 10:30 Sit & Fit (Rm 3) 10:40 Yoga Fusion (Rm 1,2) (\$) 11:45 LaBlast (Rm 1,2) (\$)</p>	<p>20.</p> <p>9:00 Functional Fitness (Rms 1)(\$) 9:30 Gentle Yoga (Rm3)(\$) 10:05-11:15 Healthy Bones (Rm 2) (County Program)(\$) 10:30 Tai Chi for Beginners (Rm 1) (\$) 11:00 Chair Yoga (Rm 3)(\$) 12 Noon- Tai Chi Beyond Beginners (Rm 1) (\$) 11:45 Healthy Bones (Rm2)(County program \$)</p>
<p>23.</p> <p>9:30 Hi-Steppers Practice (Rm 1) 9:45 AM Yoga Fusion (Rm 2)(\$) 10:50 AM Yoga Fusion (Rm 2)(\$) 10:30 Healthy Bones (Craft Rm) 10:30 Parkside Senior Club Meeting- Rm 3 12 pm Zumba Gold (Rms 1,2)(\$) 12 pm Knitting/Crocheting Club with Pat (Reading Room) 12:45 -2:00 Healthy Bones (Craft Rm.)(Cty. Prog.)(\$) 1:15 Zumba Gold (Rms 1,2)(\$) 1:30 - 2:30 Ladies Billiards Open Play</p> <p style="text-align: center;"> Happy Hanukkah</p>	<p>24.</p> <p style="text-align: center; color: green; font-size: 2em;">Christmas Eve</p> <p style="text-align: center; color: green;">(Community/Senior Center closes at 12 PM).</p>	<p>25.</p> <p style="text-align: center; color: green; font-size: 1.5em;">Merry Christmas!</p> <p style="text-align: center;"></p> <p style="text-align: center;">(Center is Closed)</p>	<p>26.</p> <p style="text-align: center;">Center is Open for Open Play</p> <p style="text-align: center;">No scheduled activities</p> <p style="text-align: center; color: red; font-style: italic;">Happy Kwanzaa</p> <p style="text-align: center;"></p>	<p>27.</p> <p style="text-align: center;">Center is Open for Open Play</p> <p style="text-align: center;">No scheduled activities</p>
<p>30.</p> <p style="text-align: center;">Center is Open for Open Play</p> <p style="text-align: center;">No scheduled activities</p>	<p>31.</p> <p>10:00 Franklin Township Senior Club Meeting</p> <p style="text-align: center;"></p>	<p>1.</p> <p style="text-align: center;"></p>	<p>January Highlights</p> <p>1/9 Franklin Got Talent Auditions 2-5 PM. Must schedule an appointment time with Marianne at 732-873-2500 X6347.</p>	<p>February Highlights</p> <p>2/6 1PM- Understanding Alzheimer's and Dementia Workshop. Presented by the Alzheimer's Association.</p> <p>2/20 1PM- Healthy Snack & Learn presented by Parker.</p> <p>2/28 Franklin's Forever 55 Got Talent sponsored by Foothill Acres 5-7 PM.</p>